

GEELONG AMATEUR FOOTBALL & NETBALL CLUB

SEASON 2022

NETBALL HANDBOOK



www.geelongamateurs.com.au



CLUB'S COMMITMENT TO PLAYERS

The club welcomes all players, regardless of ability or background & will do it's best to ensure that all players have the opportunity to explore & develop their skills within netball.

The club recognises that it has a duty to look out for the safety and welfare of its players and takes this responsibility seriously.

The club is run in an open and democratic manner and values the input of all its members.

Club Song

OH! OUT WE COME, OUT WE COME, OUT WE COME TO PLAY
JUST FOR RECREATION SAKE TO PASS THE TIME AWAY
OH! LOTS OF FUN, LOTS OF FUN, ALL SO MERRY AND HAPPY
GEELONG BOYS ARE HARD TO BEAT WHEN THEY COME OUT TO
PLAY

SO JOIN IN THE CHORUS, SING IT ONE AND ALL
JOIN IN THE CHORUS, GEELONG ARE ON THE BALL
GOOD OLD GEELONG WE'LL BEAT 'EM EVERY TIME
FOR GEELONG WILL BE PREMIERS IN 2018

OH! YOU CAN'T BE UNHAPPY IF YOU SING, SING, SING
SO LIFT UP YOUR VOICES OH, THROW OUT YOUR CHEST AND
HOPE FOR THE BEST, AND SING, SING, SING

OH! WE ARE A MIGHTY LOT AND EACH ONE IS A STAR, AND
IF YOU CARE TO JOIN US, YOU'LL FIND US AT THE BAR
AND IF YOU CARE TO JOIN US YOU'LL FIND THAT
WE'RE SUPREME, FOR EACH ONE IS A MEMBER
OF THE MIGHTY BLUE AND GREEN!

SHOULD ALL ACQUAINTANCE BE FORGOT
KEEP YOUR EYE ON THE BLUE AND THE GREEN!

GEELONG AMATEUR FOOTBALL & NETBALL CLUB

WELCOME

Hello, and welcome to all new and existing members of the Geelong Amateur Football & Netball Club. After 2 incomplete seasons we are very much looking forward to 2022 and hopefully a successful and fun year.

We encourage all members to log onto our website www.geelongamateurs.com.au or find us on 'Facebook' to receive important information regarding social functions and fundraising activities.

Our Netball Club wishes to provide a friendly, enjoyable, and safe environment to all this year's participating players and supporters. We consistently strive to improve our standard of Netball and endeavour to ensure a high standard of Sportsmanship is maintained.

We would like to encourage our junior players to stay and watch our senior teams play. This will help create a positive, rewarding atmosphere that highlights the importance of developing our junior players and that everyone feels 'part of the club'.

This Handbook includes guidelines and information that will hopefully be of some assistance throughout the year.

The Club expects all players to contribute to the club in the following areas:

- All players are to be paid up members of the club and encourage their families to support us
- Each player is to participate enthusiastically in fundraising activities and is encouraged to attend social functions
- Senior Players especially are encouraged to stay and support the football section, and attend the clubrooms on home games for post-match functions
- Senior Players are encouraged to support junior teams, where possible, to share experience and skills.

PLAYERS CODE OF BEHAVIOUR

All Club members are expected to treat each other with respect and contribute to the creation of a fun environment where netball can be enjoyed safely.

1. Respect the rights, dignity and worth of fellow players, coaches, officials, and spectators.
2. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or victimisation.
3. Respect the talent, potential and development of fellow players and competitors.
4. Participate fairly and safely.
5. Be frank and honest with your coach concerning illness and injury and your ability to train and play fully.
6. Conduct yourself in a responsible manner relating to language, temper, and punctuality.
7. Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.
8. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
9. Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.
10. Do not engage in practices that affect sporting performance (alcohol, tobacco, and drug use).
11. Applaud all good play, by your own team and opponents.
12. Respect and acknowledge the contribution of those who create the opportunity for you to play (e.g., scorers, coaches, timekeepers, administrators and umpires).

PLAYER WELLBEING

The health and wellbeing of our members is of utmost importance. We have appointed a wellbeing officer to both the senior and junior netball departments to offer support to our players, coaches and members.

What is the purpose of the Wellbeing Officer?

The purpose of the Wellbeing Officer is to enhance the capacity of GAFNC to develop a positive and inclusive club culture that provides support, information, and referral to appropriate services as required for players, coaches and members.

What do our Wellbeing Officer's do?

- Listens and acts as a sounding board.
- Clarifies basic points and concerns.

- Offers to provide details for counselling or other referrals if appropriate or requested.
- Makes themselves well known to all players, coaches and members and promotes the role of wellbeing officer
- Supports clubs' involvement in relevant programs, i.e. Clubs that care, Read the play

COACHES CODE OF BEHAVIOUR

All club coaches must respect and champion the rights of every individual to participate in the sport of netball. They must develop relationships with players based on openness, honesty, mutual respect, and trust. Coaches must demonstrate proper personal behaviour and conduct at all times and will be supported to attain an adequate level of competence through qualifications and training.

1. Operate within the rules and spirit of netball, promoting fair play.
2. Develop a positive netball environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
3. Support opportunities for participation in all aspects of the sport.
4. Treat each person as an individual. Respect the rights and worth of every person regardless of their gender, ability, cultural background, or religion.
5. Display control, courtesy, and respect to all involved with netball.
6. Respect the decisions of umpires, officials, other coaches, and administrators in the conduct of netball programs and competitions.
7. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating players. Activities, rules, equipment, length of games and training schedules should take into consideration the age, ability and maturity level of the participants.
9. Act with integrity and objectivity and accept responsibility for your decisions and actions.

10. Ensure your decisions and actions contribute to a safe environment. Place the safety and welfare of the players above all else.
11. Ensure your decisions and actions contribute to an environment free of sexual harassment, bullying, discrimination, or victimisation.
12. Any physical contact with player should be appropriate to the situation and necessary for the player's skill development.
13. Adopt responsible behaviour in relation to alcohol and other drugs.
14. Be honest and do not allow your qualifications/accreditation to be misrepresented.

Any serious breach of this code will be dealt with under the club's disciplinary procedures.

NETBALL CONTACT DETAILS

Director

Heidi Shaw
Mob: 0448 904 934

Vice Director

Jenny Fagan
Mob: 0410 958 394

COACHES 2022

Under 11

Hayley Mooney
0400 577 379

Under 13

Div 1

Karen Pole
0402 739 674

Div 2

Laura Alymer
0423 007 929

Other U13 Teams

Sally Logan 0412 834 652

Under 15

Div 1

Jarrah Cameron
0447 042 372

Div 2

Tiaha Holdsworth
0406 242 885

Under 17

Div 1

Hannah Plummer
0434 570 006

Div 2

Ash Morrison
0413 687 462
Stacey Herbert
0400 632 093

Under 19

Ruby Watson
0478 689 836
Georgia Duncan
0427 919 377

E Grade

Lisa Van Halen

D Grade

Kelly Wright
0425 842 040

Kate Kroeger
0430 091 793

C Grade

Heidi Shaw
0448 904 934

B Grade

Riley Richardson
0447 269 690

A Grade

Riley Richardson
0447 269 690

NETBALL INFORMATION

Club Commitment

GAFNC commits to an open and fair process for selection of teams. We also commit to not discriminating against players based on personal characteristics, such as race, sexuality, or religious preference.

Junior Netball Selection Process

At the start of the season selection trials will take place for all junior teams. The coaches and support staff will conduct selection trials.

- Selection criteria will be based on the skill, training attendance, fitness, potential, court awareness and team balance
- Junior players are eligible to be selected and play in both a Senior and Junior grade in the year they turn 15.

COURT TIME

- The coaches will decide the starting line ups and will make changes throughout the match where appropriate. During the home & away season, where possible coaches will do their best to rotate players and give each player equal court time – circumstances permitting such as injury, holidays, player unavailability for games and training. During finals, coaches will be playing their best team to win and equal court time is not guaranteed. Match circumstances and opposition match ups will be considered in this decision

MATCH DAYS

- Players are expected to be at the ground 30 minutes prior to the commencement of their game or a time set by their coach
- Players are encouraged to wear club apparel to all games
- Match day uniforms are a GAFNC dress with black bike shorts and white socks only. Bike shorts should not be longer than your dress.
- Players/parents will be issued with a scoring roster, your punctuality and support in turning up is greatly appreciated

Open Netball Selection Criteria Policy

Selections will be made based on a player's performance at trials by the relevant coaches of each team +/- additional selectors. Additional selectors may be utilised at the discretion of coaches and the netball committee.

Selection decisions will be based on performance, but additional criteria may also include:

- Attendance at multiple sessions of trials, as well as pre-season training sessions
- Demonstration of respectful and fair play
- Abiding by relevant club Codes of Conduct on and off court
- Years of service to the club, including volunteering

Additionally, players:

- Must also be financial members of the club
- May be precluded from selection if there is a concern about their ability to compete safely (e.g., injury or pregnancy)

Process

Members will be informed of date and location of trials via the club's social media channels.

Selection will be undertaken by the relevant grade coach, +/- additional selectors. Where possible, utilisation of an additional selector should be strived for to lessen potential personal biases and promote fair selection.

Selected players will be notified via email within seven days of the final trial. Feedback will be given at request to participants who are not selected via email, and will include reasons for non-selection, and areas of participant performance for development.

All team and individual player selections need to be approved by the netball committee. Coaches will work in consultation with the committee to finalise selections.

Escalation

- If there is concern regarding selection or non-selection, this should be communicated to the relevant coach OR a member of the senior netball committee.

- Together, the relevant coach and the senior netball committee will work together to resolve concerns.
- If the concern is not able to be resolved, a formal written complaint to the committee should be made, and the matter escalated to include relevant members of the Geelong Amateur Football Netball Club committee.

Expectations

Coaches and Selectors:

- Ensure players are informed about the selection process and criteria
- Make fair and unbiased decisions based on the criteria
- Provision of qualitative feedback in regard to non-selection as requested

Players:

- Familiarise self with the selection process and criteria
- Clarify concerns with relevant coach or senior netball committee member in a timely manner regarding selections

Club:

- Ensure selection policy readily available on club website, and physical copy present in netball clubrooms.

GAME TIMES

GRADE

TIME

| | |
|-----------------------------------|----------|
| 13&U Section 2 and 15&U Section 2 | 8.15 am |
| 13&U Section 1 and 17&U Section 1 | 9.15 am |
| D Grade and 19/U | 10.15 am |
| C Grade and 15&U Section 1 | 11:15 am |
| B Grade and 17&U Section 2 | 12:20 pm |
| A Grade & E Grade | 1:50pm |

TRAINING

- If any player cannot make training, **they must contact their coach personally** (numbers on contact details sheet)
- Injured players are expected to attend training
- Training Days & Times:

| | | |
|--------------------|------------------------|--------|
| A Grade: | Thursday | 6:00pm |
| B Grade: | Thursday | 6:00pm |
| C Grade: | Thursday | 5:45pm |
| D Grade: | Thursday | 5:30pm |
| E Grade: | Thursday | 5:30pm |
| Under 19: | Thursday | 5:00pm |
| Under 17: | Div 1 Thursday | 4:30pm |
| | Div 2 Thursday | 4:30pm |
| Under 15: | Div 1 Wednesday | 6:15pm |
| | Div 2 Wednesday | 6:15pm |
| Under 13: | Div 1 Thursday | 4:15pm |
| | Div 2 Thursday | 4:15pm |
| Under 11: | Monday | 5:30pm |
| Net Set Go: | Monday | 4:30pm |

NETBALL INFORMATION

QUALIFICATION

- Players (Senior) must take the court in at least 24 quarters (min) in a grade/division throughout the home and away season to be eligible to participate in that grade/division's finals series. Where teams play less than 80% of the maximum number of schedule games, a pro rata system will apply.
- Once a player takes to court in the 25th quarter they are ineligible to play in a lower grade/division.
- No Player is to take the court in more than two games on any given round.
- Juniors are only eligible to play in senior grades in the year of turning 15 years of age.
- A player can only play in one senior game over one weekend of finals.

Juniors

- Players (juniors) must take the court in at least 24 quarters (min) in a division throughout the home and away season to be eligible to participate in that division's finals series. Where teams play less than 80% of the maximum number of schedule games, a pro rata system will apply.
- Once a player takes the court for a division 1 Saturday team, they are unable to play in the Friday Night Competition.
- Players commencing the season in the Division 2 Saturday Competition are permitted to play the Friday Night Competition but only in the next age group above i.e., 13/U – 15/U.
- Players commencing the season in the Friday Night Competition (any division) can play Division 2 Saturday only. Once they play 20 quarters in the Saturday Div 2 team, they can no longer play Friday night in that age group.
- Players cannot play in both Saturday Div 2 & Friday Night Finals.

PARENT PARTICIPATION

We welcome all parents, family and friends who attend training and match days to watch their daughter, friend play netball. It is a community club, and that community is made up of parent volunteers who assist in doing many jobs (small or big) around the club on match day.

The club would love you to be involved and help out where you can. Even if on the day you ask one of the contacts to see what it is you can help with.

Small jobs on the day could be as follows

- Sweeping courts and home game set up
- Helping with Canteen/BBQ
- First Aid Helpers
- Team Managers for teams

JUNIOUR PARENT CODES OF BEHAVIOURS

All parents of our players are expected to treat everyone involved with respect and contribute to the creation of a fun environment where netball can be enjoyed safely.

1. Encourage your child to participate but do not force them.
2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to his/ her ability by reducing the emphasis on winning.
3. Teach your child that an honest effort is as important as winning, so that the result of each game is accepted without undue disappointment.
4. Encourage your child to play always according to the rules.
5. Be a model of good sports behaviour for children to copy. Applaud good play by all players.
6. Never ridicule or yell at a child for making a mistake or losing a game.
7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public.
8. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or victimisation.
9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
10. Be courteous in communication with administrators, coaches, players and umpires. Teach your child to do the same.
11. Support the use of age-appropriate development activities and modified rules.

MEMBERSHIPS/VNA FEES

2022 CLUB MEMBERSHIP PRICES

- **Senior Player** = \$240.00
Plus \$60 for netball dress (if required) = \$300.00
- **Junior Player** = \$175.00
Plus \$60 for netball dress (if required) = \$240.00

The Club Membership includes:

- Association Affiliation Fees
- Team Registrations
- Venue Hire
- Equipment
- Provision of trainers & medical suppliers
- Coaching Costs
- Umpires
- Trophies
- Administration costs

2022 VNA Costs – must be paid online

- Senior = \$ 80.00 inc. GST
- Junior = \$ 60.00 inc. GST
- All Abilities (on receipt of valid ID)= \$ 60.00
- NetSetGO = \$76.00

Registration links will have been emailed directly to you. If you have not received your registration link please contact your coach.

Membership fees and VNA must be paid prior to round 1 or you will not be allowed to take the court.

2022 BELLARINE FOOTBALL AND NETBALL FIXTURE

| Round | Date | Against | Venue |
|-------|------|--------------|--------------------------|
| 1 | 2/4 | Portarlinton | Queens Park |
| 2 | 9/4 | Drysdale | Mortimer Oval |
| 3 | 15/4 | Modewarre | Queens Park |
| 4 | 23/4 | Newcomb | Grinter Reserve |
| 5 | 30/4 | Anglesea | Ellimanta Reserve |
| 6 | 7/5 | Queenscliff | Queenscliff Rec Reserve |
| 7 | 14/5 | Barwon Heads | Queens Park |
| 8 | 21/5 | Ocean Grove | Queens Park |
| 9 | 28/5 | Torquay | McCartney Oval |
| 10 | 4/6 | Newcomb | Queens Park |
| 11 | 11/6 | Modewarre | Mount Moriac Rec Reserve |
| 12 | 18/6 | Drysdale | Queens Park |
| 13 | 25/6 | Portarlinton | Portarlinton Rec Reserve |
| 14 | 9/7 | Anglesea | Queens Park |
| 15 | 16/7 | Queenscliff | Queens Park |
| 16 | 23/7 | Barwon Heads | Barwon Heads Forest Rd |
| 17 | 30/7 | Torquay | Queens Park |
| 18 | 6/8 | Ocean Grove | Shell Road Rec Reserve |

QUALIFYING FINALS: 13/14 August 2022

Venue: TBC

SEMI FINALS: 20/21 August 2022

Venue TBC

PRELIMINARY FINALS: 27 August 2022

Venue TBC

FINAL: 3rd September 2022

Venue TBC

Netball Victoria Cyber Safety Policy

APPROVED

DEFINITIONS

“Affiliated Associations” means those entities which are affiliated members of Netball Victoria in accordance with Netball Victoria’s constitution.

“Affiliated Clubs” means a member of an Affiliated Association, which may include teams, clubs, or organisations (howsoever described).

‘Cybersafety’ refers to the safe and responsible use of the Internet and ICT equipment/devices, including mobile phones.

‘ICT’ means Information and Communication Technologies.

‘ICT devices/equipment’ includes, but is not limited to, computers, desktops, laptops, PDAs, storage devices, USB and flash memory devices, CDs, DVDs, floppy disks, iPods, MP3 players, cameras, video, digital, webcams, all types of mobile phones, video and audio players/receivers, portable CD and DVD players, Gaming Consoles, and any other similar technologies as they come into use.

“Organising Body” means the organiser of a netball Tournament, Competition, Activity or Event including but not limited to Netball Victoria, Affiliated Associations and Affiliated Clubs.

“Registered Member” means a person registered as a financial member of Netball Victoria who is therefore eligible to participate in a netball Tournament, Competition, Activity or Event conducted by an Organising Body. A Registered Member is subject to the Netball Victoria Competition Regulations.

INTRODUCTION

Netball Victoria has an obligation to maintain a safe physical and emotional environment for Officials, Affiliated Associations, Affiliated Clubs, Umpires, Coaches, Registered Members and Organising Bodies. This responsibility is not solely confined to the netball court.

Netball Victoria acknowledges that the Internet and ICT devices/equipment can bring great benefit to all users and to the effective operation of Netball Victoria and Organising Bodies; however, Cybersafety issues related to the use of Information and Communication Technologies (ICT) have the potential to have a negative impact upon all concerned.

Netball Victoria places a high priority on the acceptable use of ICT devices/equipment which will benefit members; however, it recognises that the presence in the sporting arena of these technologies may also facilitate anti-social, inappropriate, abusive, threatening and/or illegal behaviour and activities. Netball Victoria seeks to maximise the benefit of these technologies while at the same time minimising the dangers and managing the risks.

RESPONSIBILITIES UNDER THIS POLICY

Netball Victoria and Organising Bodies will implement and maintain rigorous and effective Cybersafety practices which aim to maximise the benefits of the Internet and ICT and allow for the effective operation of Netball Victoria and Organising Bodies, whilst minimising and managing any risks. Such practices will aim to maintain a cybersafe playing environment and address the needs of the Organising Bodies to receive education about the safe and responsible use of present and developing ICT.

WHAT IS CYBERBULLYING?

“Cyberbullying is a way of delivering covert psychological bullying. It uses information and communication technologies to support deliberate, repeated and hostile behaviour, by an individual or group that is intended to harm others.” (Belsey 2007)

Cyberbullying includes, but is not limited to, the following misuses of technology:

- (a) harassing, teasing, intimidating, or threatening another Registered Member by sending or posting inappropriate and hurtful e-mail messages, instant messages, text messages, phone messages, digital pictures or images, or web site postings, irrespective of whether the post or message could be viewed by the wider public; and
- (b) sending, receiving and/or possessing naked or sexually explicit images of a Registered Member.

Registered Members should:

- (a) be aware that postings, comments and/or messages from their individual ICT account or mobile phone will remain the responsibility of the account owner unless the account owner can prove that their account had been accessed by an unauthorised person and by a method outside of their control.
- (b) be vigilant about the security of their account(s) and take all reasonable steps to protect themselves, for example, not sharing passwords or allowing others to log on to their individual accounts.
- (c) be aware that where a crime has been committed, they may be subject to a criminal investigation by Police over which the relevant Organising Body will have no control. This particularly applies to ‘sexting’ where the Registered Member is in possession of an inappropriate sexualised image of a person under the age of 18 years.

BREACHES OF THE POLICY

Netball Victoria takes seriously its responsibility in providing robust policy, guidelines, and education for its members in relation to what is deemed acceptable and appropriate online behaviours.

The motto, crest, and/or logo of Netball Victoria or an Organising Body must not be used in any way which would result in a negative impact for Netball Victoria, the Organising Body or its members.

All Registered Members of Netball Victoria, whether playing or non-playing, have a responsibility to ensure that all online communications are kept within Netball Victoria's expectations in relation to appropriate and respectful interactions with any Official, Affiliated Association, Affiliated Club, Umpire, Coach, Registered Member and/or Organising Body.

Registered Members of Netball Victoria and/or any Organising Body must not:

- (a) post or send inappropriate comments via the Internet or ICT about any Official, Affiliated Association, Affiliated Club, Umpire, Coach, Registered Member and/or Organising Body.

where:

- I. if said in person during the conduct of a netball game, would result in disciplinary action being taken; or
- II. such posting would be in breach of the Netball Australia Member Protection Policy:
 - a. Section 4 Code of Behaviour
 - b. Section 7 Policy Position Statements

HOW TO DEAL WITH BREACHES OF THIS POLICY

Any Registered Member who feels that they have been the victim of such misuses of technology should save and store the offending material on their computer, mobile phone, or other device.

If the content is of a sexually explicit nature, the Police should be informed immediately by the member (or parent in the case of a minor), followed by a report to the relevant Organising Body.

For all other instances of cyberbullying, the recipient and/or other person having knowledge of such behaviour, should print a copy of the material and

immediately report the incident following the procedure listed below. The member affected should also report the abuse to the Internet site, if applicable, or the relevant telecommunications provider, in the case of mobile phone abuse.

PROCEDURE

All reports of cyberbullying and other online or mobile telephone harassment will be investigated fully and may result in a notification to Police where an Organising Body is legally obliged to do so. A notification to Police by an individual will not override an Organising Body's responsibility to fully investigate a complaint, if one has been lodged with the Organising Body, and such investigation will be conducted alongside any Police investigation.

A Registered Member may make a complaint relating to Cybersafety if the conduct the subject of the complaint occurred before, during or after a Tournament, Competition, Activity or Event arranged by an Organising Body. A Registered Member may make a complaint under Netball Victoria's *Competition Regulations*, if the behaviour the subject of the complaint occurred before, during or after a Tournament, Competition, Activity or Event arranged by an Organising Body.

A complaint may also be made under Netball Australia's *Member Protection Policy* or Netball Victoria's *Member Protection Charter* if the behaviour the subject of the complaint is general in nature and/or ongoing and does not apply to a particular Tournament, Competition, Activity or Event arranged by an Organising Body.

PENALTIES

Under Netball Victoria's *Competition Regulations*, a proven charge of an online breach of code of conduct, as per this policy, may attract one or more of the following penalties:

- (a) A warning.
- (b) A monetary fine.
- (c) Suspension.
- (d) Disqualification, and/or.
- (e) Any other such penalty as the Hearing Officer or Hearing Panel considers appropriate.

APPEALS

A Registered Member may appeal a decision made under Netball Victoria's *Competition Regulations*